

Life Questions: Why They Matter

“The response to these (our life) questions is not a search for self fulfillment or self-identity. It’s not enough to find a self. Instead it is imperative to search for one’s story. It is not I who must be found. Instead it is God who is to be found.”

– *To Be Told* by Dan Allender

20’s

What areas of my life need correction?
• Around what people and values will I order my life?

30’s

How do I manage my life with all the demands? • Who do I share my life with?
• What does my spiritual life look like? • What steps can I take to grow?

40’s

Who was I as a child? • What experiences and events back then influence the kind of person I am today? • What limitations are beginning to surface and how am I feeling about them? • What areas do I want to influence, contribute and/or how does my presence in the world make it a better place? What changes and decisions do I need to make that happen?

50’s

How is my body changing? • How am I responding to failures and successes in life? • How can my key relationships with family and friends deepen? • Who do I want to continue investing in — younger & older? • What are my fears? • What questions surface related to my future? • What are relationships that need to be restored?

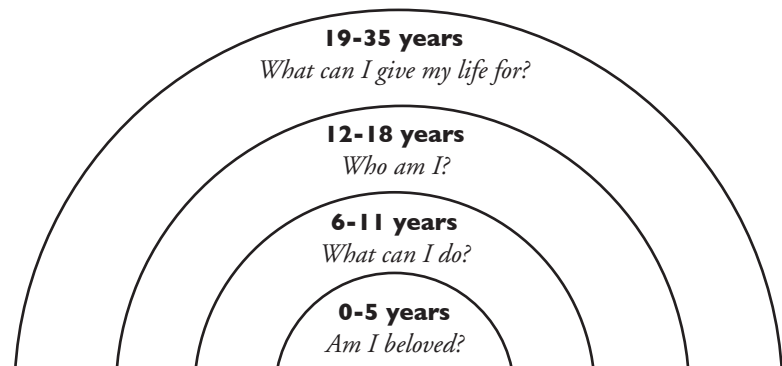
60’s

What are the activities/work that have defined me? • What do I want to change?
• What are things I still dream about being or doing? • In a season of facing my own mortality, how am I facing my own death as well as those I love? • Where do I still need to grow in my faith and what spiritual practices do I want to embrace more?

70’s/80’s

Is life only about doing – will what I have done be remembered and will it be enough? • Do people know that I was once young, active and could influence others? • Do I know that I am beloved? • Are people remembering me? • Am I still included in the activities of others?

Process of Spiritual Development



What questions am I asking? Are there questions surfacing from the Spiritual Development chart (0-35 years) that have not been answered or were not affirmed at their proper time?